



**ADULT SUPPLEMENTARY INFORMATION**

*To be completed by client's ages 18 years or older*

Client's Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_  
(MM/DD/YYYY)

**MEDICAL HISTORY:**

Please list any significant childhood illnesses:

Please list any surgeries and when they were performed:

Have you ever had a seizure, head trauma, or loss of consciousness?     Yes     No  
*If yes, please describe:*

Have you ever had a CT scan, EEG, or MRI?     Yes     No  
*If yes, please describe:*

Have you ever been hospitalized?     Yes     No  
*If yes, please describe:*

Have you ever been seen in the emergency room?     Yes     No  
*If yes, please describe:*



**ADULT SUPPLEMENTARY INFORMATION  
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If female, do you have regular menses?     Yes     No

Date of the most recent physical exam: \_\_\_\_\_ (MM/DD/YYYY)

Is your vision within normal limits?     Yes     No

Is your hearing within normal limits?     Yes     No

Please list any medication and doses you are taking currently, including over-the-counter and herbal vitamins.

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Are you allergic to any medications?     Yes     No

*If yes, please list the medication and the reaction:*



**ADULT SUPPLEMENTARY INFORMATION  
-CONTINUED-**

**FAMILY HISTORY:**

*Please list any blood or non-blood relative with the following: (Specify whether on maternal side or paternal side of the family)*

Substance abuse: \_\_\_\_\_

Attention deficit: \_\_\_\_\_

Learning problems or mental retardation: \_\_\_\_\_

Depression: \_\_\_\_\_

Bipolar disorder (manic-depression): \_\_\_\_\_

Schizophrenia: \_\_\_\_\_

Autism: \_\_\_\_\_

Obsessions/Compulsions: \_\_\_\_\_

Panic: \_\_\_\_\_

Eating disorders: \_\_\_\_\_

Other Anxiety: \_\_\_\_\_

Suicide: \_\_\_\_\_

Diabetes: \_\_\_\_\_

Cancer (specify type): \_\_\_\_\_

Hypertension or heart disease: \_\_\_\_\_

Thyroid disease: \_\_\_\_\_

Liver disease: \_\_\_\_\_

Kidney disease: \_\_\_\_\_

Migraines: \_\_\_\_\_

Tics: \_\_\_\_\_

Genetic syndromes (please specify): \_\_\_\_\_

Neurologic disorders (Parkinson's, multiple sclerosis, Alzheimer's, etc.): \_\_\_\_\_

\_\_\_\_\_

Epilepsy: \_\_\_\_\_



**ADULT SUPPLEMENTARY INFORMATION  
-CONTINUED-**

**SOCIAL HISTORY:**

Please list name and ages of all persons living in your home:

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How do you do socially?

Recreational activities:

Any legal issues:

Do you use recreational drugs or alcohol?     Yes     No

*If yes, please estimate frequency and quantity of use:*



**ADULT SUPPLEMENTARY INFORMATION  
-CONTINUED-**

**PREVIOUS TREATMENT:**

Is this your first mental health consultation?  Yes  No

*If no, please list the following where applicable:*

Previous evaluations (evaluator, date of evaluation, recommendations):

Previous psychotherapy (therapist, dates of treatment):

Previous medication trials (name of medications, dose, how long the medication was taken):

*Note: If uncertain, this information may be obtained from your pharmacy where prescriptions were filled.*

Previous psychiatric hospitalizations (hospital name, dates of hospitalization, treatment received during the hospitalization):

**PLEASE CHECK ANY SYMPTOMS BELOW THAT YOU ARE CURRENTLY HAVING:**

- weight changes
- fever
- headaches
- changes in vision or hearing
- chest pain or heart palpitations
- dizziness
- fainting
- trouble breathing
- stomach discomfort
- nausea or vomiting



**ADULT SUPPLEMENTARY INFORMATION  
-CONTINUED-**

- diarrhea
- constipation
- problems with urination
- irregular menstrual cycles (if applicable)
- muscle or joint pain
- numbness or weakness
- hair loss
- easy bleeding or bruising

Please contact previous provider to request any pertinent medical records and have them faxed to your 3-C Family Services' clinician prior to your first appointment so they may be reviewed prior to your consultation.

**3-C Family Services fax # (919) 677.0113**